



Community Resources for Independent Living

Spring 2009 Newsletter

CRIL is a peer-based disability organization that advocates and provides resources for people with disabilities to improve lives and make communities fully accessible.

Save the Date!

CRIL celebrates 30 Years on July 24, 2009

CRIL turns 30 years old this year! Founded in 1979 by a small group of Alameda County residents with disabilities to provide peer support and independent living resource referrals to other people with disabilities living in southern Alameda County, CRIL has increased its visibility and service capacity to providing more than 15 programs, services and community advocacy to thousands of residents annually. CRIL also provides disability education and consultation to local businesses and agencies.

CRIL's 30th Anniversary celebration on Friday, July 24th will include a ribbon-cutting ceremony of Hayward City's first Diversity Mural to be painted by local students this spring on the east wall of CRIL's A Street office!

Friday, July 24th 4:00 - 6:00 p.m. @ 439 A St., Hayward



Photo of
CRIL

Disability Capitol Action Day is on May 27th!

Mark your calendars to join CRIL and 2,000 other people with disabilities across California for a rally and legislative trip to the CA State Capitol. Call Jessica or Fidel to register: 510-881-5743. Register early - first come, first serve!

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Special

Announcements:

- *CRIL celebrates 30th anniversary Friday, July 24th!*
- *Lucky SHARES cards now available to help CRIL raise needed funds. 3% of qualified purchases are donated back to CRIL! Call (510) 881-5743 or stop by the office for a card.*
- *All cash donations to CRIL are much appreciated and are tax deductible.*

CRIL

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Hayward, CA 94541

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E-mail: info@cril-online.org



1979 - 2009



Spring Workshops, Support Groups and DAN Meetings

Hayward & Fremont Offices Groups & Workshops

DAN: Disability Action Network

- Fremont DAN: 1st Tuesday @ 3:30
- Hayward DAN: 2nd Wed. @ 1:30
- Livermore DAN: 1st Thurs. @ 1:00

Contact Jessica for more information at Jessica.Lehman@cril-online.org or 510-881-5743 X 5937.

RED: Red de Accion - Latino Advocates

Contact Abril for more information at Abril.Tamayo@cril-online.org or 510-881-5743 X 5938.

DANY: Disability Action Network 4 Youth

- Third Wednesdays @ 5:00 p.m. at CRIL, Hayward: 439 A Street.

Contact Fidel for more information at Fidel.Valenzuela@cril-online.org or 510-881-5743 X 5920.

Housing Search Workshops

- Every Tuesday @ 2:00 - 4:00 p.m. at CRIL, Hayward: 439 A Street
- Last Thursdays @ 2:00 - 4:00 p.m. at CRIL, Fremont: 39155 Liberty #A100

Contact Roberto for more information at Roberto.Ostolaza@cril-online.org or 510-881-5743 X 5933

Tri-Valley Office Groups & Workshops

Healthy Living & Disease Prevention Workshops

- 4/17, 5/15 & 5/29 @ 9:30 - 11:30 a.m.

Livermore Peer Support Group

- First and third Wednesdays @ 2:30 - 4:00 p.m.
CRIL, Livermore: 3311 Pacific Avenue

Contact Denicia to register for a workshop or for more information at Denicia.Gressel@cril-online.org or 925-371-1531 or 510-881-5743 X 5941.